## **OFF THE GRID**

|   | MANDATORY GEAR - CHECKLIST   |
|---|--|
|   | TRANSITION GEAR BOX  |
|   | 2 - Rubbermaid Bins  |
|   | Transition gear must be stored in a rubbermaid bin no larger than 100L. Transition gear may include additional hydration, nutrition, dry clothing etc. |
| *************************************** | PERSONAL GEAR  |
| ************                            | Each team member is required to have each of these items unless otherwise indicated.   |
|   | Bear Spray   |
|   | Backpack   |
|   | Rain Jacket  |
|   | Long sleeve top  |
|   | Long pants or tights   |
|   | Folding Knife (1 per team)   |
|   | First aid kit (1 per team)   |
|   | Waterproof map case (1 per team)   |
|   | 2 headlamps working with 4 hours battery life  |
|   | Spare Batteries for headlamps  |
|   | Dry bag ( for inside your pack)  |
|   | 2 litres of water capacity   |
|   | Warm hat or beanie (must cover ears)   |
|   | BIKE GEAR  |
|   | Each team member is required to have each of these items unless otherwise indicated.   |
|   | Mountain Bike  |
|   | Bike Helmet  |
|   | Bike tool (one per team)   |
|   | Bike pump (one per team)   |
|   | Bike Tube  |
|   | Front bike light   |
|   | Rear flashing bike light   |
|   | PACKRAFTING GEAR   |
|   | Raft (1 X 2 man raft or 2 X 1 man rafts)   |
|   | Raft Pump  |
|   | Minimum one paddle (2 paddles required if using 1 man rafts)   |
|   | CSA approved life jacket (one per person)  |